Research on Football Teaching for Football Reserve Talents Training

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Abstract: With the rapid development of China's social economy and the continuous improvement of science and technology, China's football industry has also prospered. For the development of football, football reserve talents play a vital role in it, and the source of football reserve talents is mainly football players in major universities or members of football clubs. According to relevant data research, many colleges and universities in China have suspended the curriculum of football majors. At the same time, many football clubs in the clubs have not been perfected. This has led to a serious shortage of football reserve talents in China. This paper takes the football reserve talents as the starting point and actively explores the construction of the football reserve talent training system.

1. Introduction

The level of football in China is very low. The cultivation of reserve talents is the main factor restricting the development of football in China. Establishing a football reserve talent training system that adapts to the socialist market economy is the fundamental guarantee for the sustainable development of football in China in the 21st century. At present, China is in the period of economic transition, and the sports system is also facing a fundamental change. The old system has been broken, and the new system is still under construction. How to establish an effective reserve talent training system is still inconclusive in practice and theory.

2. Current situation of Chinese football reserve talents training

Generally speaking, the existing football schools in our country belong to vocational skill schools, and most of them are privately run. In many private vocational skills schools, many teachers do not have high enough qualifications and enough professional application practical skills, which will result in the school not being able to provide students with more knowledge when teaching students to learn football-related knowledge. More football learning resources are very unfavorable for students to learn football.

For ordinary schools, when conducting school activities, most of them are teaching with culture as the main teaching content, and physical education is its auxiliary role. For the sports school, when actively promoting the teaching work, most of them use the physical education teaching course as the main teaching content, which neglects the teaching of the cultural class, so that the students can learn and develop in the future. It is very unfavorable.

China's Ministry of Education does not have clear rules on the fees for football schools and sports schools, and the establishment of supervision mechanisms for sports schools is not perfect, which has led to the phenomenon that many football schools charge fees when collecting fees, and The fee charged is relatively high. The high fees are charged, which has caused many football students and football fans to have no ability to enter the relevant vocational schools to learn football knowledge. This means that many football players can not implement their talents. In terms of it, there is no harm.

3. Problems in the process of youth reserve talent training system

The first is the training method and the backwardness of the hand. Scientific training is a

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problem that everyone attaches great importance to, but where to start in the specific work, there is currently no comprehensive set of special training theory as the basis. Therefore, in the practice of training, most coaches are largely sensible in arranging training sessions or in monitoring the effects of training. Experience is indispensable, but it is necessary to theorize the rich experience of the coaches for many years. This is necessary from the perspective of training, from the perspective of mutual learning, communication and common improvement. Therefore, in order to finally form a more complete set of scientific training theory, in addition to learning and learning from foreign experience, we must summarize our own experience, make it theoretical and form a system. The second is the training of young people. At present, the second- and third-line teams in our country are not much different from adults in terms of training methods. We can often see these phenomena, that is, if several teams in a club train at the same time, their training content is the same. Whether it is technical, tactical training or physical training, even preparation activities are basically the same. The phenomenon of adult training in adolescents is due to the need of the second and third-line teams in various places, which is contrary to the fundamental purpose of youth training. Even the national youth team in China has a good performance in the competition, but once we enter the adult team, our team's competitive level is gradually separated from the national team. The real reason is that the youth training period did not lay a good foundation.

The current youth football training system in China is mostly a "three-concentration" system (food and accommodation, study, training), usually in the morning class, training in the afternoon, and the environment of cultural learning is naturally inferior to the average school. In addition, some people think that learning is not related to playing football. If you don't learn well, you can play football. Many children give up studying, that is, playing football, eating and living is a football school, and coaches become the ones who have the greatest influence on them. In the early education of children, social education, school education, and family education are inseparable. The football school completely abandoned family education. This has caused the low level of education and the social adaptability of young Chinese football players. The problem of the student's way out. Some football schools make promises about the way out when they enroll, such as the school team to play the second division and recommended to the national football clubs. However, the data provided by the Statistical Yearbook of Sports Statistics shows that since the professional league in 1994, the number of elite football players in China has been controlled below 1,000, and the average number of newly recruited athletes per year is about 105. Therefore, most of the students will miss professional football. The employment rate is an important criterion for testing the quality of school education. Most of the football schools in China were founded in the mid-to-late 1990s. When students graduated on a large scale, the contradictions will be completely exposed. When students and parents find that their high investment is not able to achieve high output, the football school will suffer from a crisis of trust.

In recent years, many coaches have worked hard to participate in on-the-job training in order to meet the requirements of job appointments. The level of education has improved, but the overall level of education is not high. First of all, the youth team coaches have a lack of personnel and a low overall level. Some school football team coaches are not engaged in football at all, but some other teachers who love football. This is far from the coaches who have some expertise and experience in training young football. Secondly, the coaches are underpaid and the aspirants are discouraged.

4. Construction method of football reserve talent training system

For the cultivation of football reserve talents, the school is an important position to train football reserve talents. Major universities should formulate scientific and reasonable football training plans according to the actual development of the school. When promoting the teaching of culture, we should continue to carry out relevant ideological and educational activities, fundamentally improve the students' football concept, and thus cultivate students' football skills and comprehensive football literacy. Actively carrying out football-related teaching courses in schools, can provide a learning platform for students with football dreams and students with football skills, which will reduce the

cost of football learning during the learning process, which is not only beneficial to improve students' Football skills can also promote the level of school sports. The state and relevant education departments should formulate relevant provisions to support the school's football education curriculum and the development of teaching in football schools. For the existing football schools to strengthen the normative management of the country should establish adequate laws and policies for the development of football, social enterprises should increase support, give a large amount of financial support for the development of football schools, and for the relevant schools Hire enough good football teachers to teach students professional football knowledge. At the same time, the major football schools should combine the actual development of the school, carry out strict and standardized management of the school's football teaching work, and also strictly supervise the phenomenon of football school fees, and fundamentally avoid the emergence of football schools. The phenomenon of arbitrary charges is to promote the sustainable development of football schools.

The construction of a sound club echelon According to relevant data research shows that many football clubs often face the problem of insufficiently sound talent training system when training talents in Jingxi. In response to this problem, the relevant football business departments should actively improve the supervision system of the professional football league, establish a standardized football club operating system, go deep into the market, and understand the development of the football industry so as to be able to fundamentally promote The club can increase its efforts to train football reserve talents, which will fundamentally promote a large number of football talents to have the platform to display their ambitions and contribute a certain strength to the development of football in China. Give full play to the role of the Football Associations at all levels The National Football Association needs to be responsible for a variety of work on football, and its main content is to actively carry out football and train football reserve talents. However, when the Football Association actively carries out football activities, there are many problems in the whole work process. For example, there is a shortage of talent resources for football professionals, and there is not enough funds to start football activities. If these problems cannot be solved in time, In response to the city, it will seriously affect the smooth progress of the Football Association's work, and the Football Association cannot fundamentally exert its greatest advantage. Therefore, the state should actively guide the Football Association, learn from foreign countries' excellent experience in sports, and actively carry out some sports training camps based on actual development conditions, so as to be able to fundamentally cultivate more excellent football reserve talents.

5. Conclusion

China's football reserve talent training system model is relatively simple, unable to meet the fundamental needs of the public in today's society for sports. Therefore, major football colleges should actively promote football teaching, fully understand the football learning situation of each student, and design a football teaching plan scientifically and reasonably. Major football clubs should also establish a well-established operating system for football sports, which fundamentally stimulates the public's enthusiasm for football and contributes the most to the development of football reserve talents.

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